

Viewing and Discussion Guide – Episode 7

Erik – I Despised Trying to Be Perfect in Mormonism

Erik's Mormon Experience

1. How would you describe Erik's childhood, adolescence, and adult years? What aspects of Mormon doctrine/culture shaped his view of himself and God in those seasons of life?

Childhood

Adolescence

Adult Years

2. When did Erik first start to question Mormonism? What caused his initial doubts?

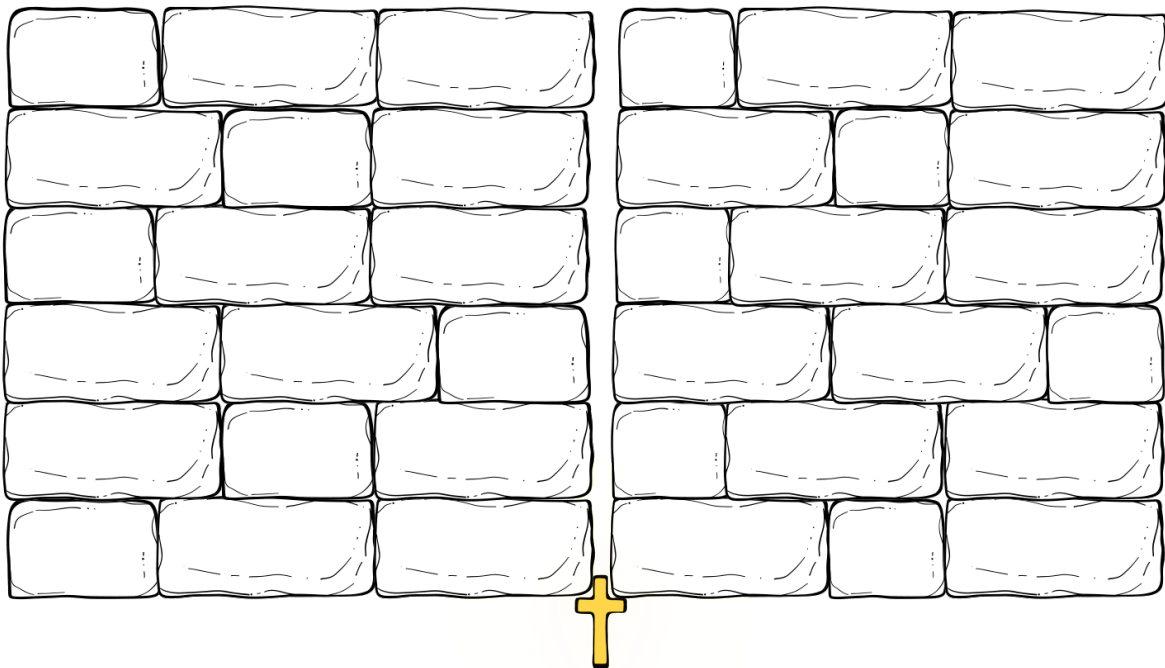
3. What were Erik's primary stress points related to Mormonism? What issues went on his "shelf"? What questions or comments do you have about Erik's shelf items?



4. What factors or influences kept Erik connected to the Mormon church and culture?

Finding Truth in the Bible and Confidence in Christ

5. What Bible passages or stories planted seeds of the truth in Erik's heart? Why were they so impactful?
6. You will notice that unlike in the other episodes, where they appear later, "foundation bricks" are already included on Erik's Mormon shelf. What biblical truths provided "rest points" or faith "foundation blocks" for Erik even when he was still Mormon?



7. How did Erik's view of himself and God change over time? What did he learn about his sinfulness and God's grace?

Biblical Christian Interactions and Influences

8. What role did Christians play in this part of Erik's faith journey? What lessons can we learn from those Christian interactions—both positively and negatively?

9. How did **Christian resources and content** such as images, music, books, or podcasts play a role in this part of Erik's faith journey? What lessons can we learn from how God used those in his story?

Applying

10. What Mormon **doctrines and practices** brought up in this part of Erik's story were most confusing to you? What questions or comments do you have about those?
11. What **themes** in this part of Erik's story stood out to you most? How could you address those themes in a conversation with a Mormon friend or family member?
12. What **similarities/differences** have you seen between Erik's story so far and those of others in this series? What do you make of those similarities and differences?
13. Which of Erik's **experiences** could you relate to most? Why?
14. Which of Erik's **"shelf items"** do you think would be impactful to place on other Mormon shelves? How could you bring those up in conversation and use them to provide a rest point?
15. What **key takeaway(s)** for witnessing do you want to remember from Erik's story?